

CV

Name KONSTANTINOS D. MOUCHALOS

Faculty Member of Institute for Relational and Group Psychotherapy, Member of International Association for Relational Psychoanalysis and Psychotherapy(IARPP), Co-Chair of the Candidate's Committee of the IARPP

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PERSONAL THERAPY

One Year Individual Psychoanalysis, 2002-2003, Greece with Evaggelos Peppas, Athens, Greece

Four Years Group Psychoanalysis, 2004-2008, Greece with Stavros Charalambides and Dimitris Tsiakos, Institute for Cognitive Analytic Psychotherapy, Athens, Greece

Ongoing group analysis once a week, March 2017, Greece with Stavros Charalambides, Institute for Relational and Group Psychotherapy, Athens, Greece

Four Years Individual Psychoanalysis, 2004-2008, Greece with Stavros Charalambides, Institute for Relational and Group Psychotherapy, Athens, Greece

One Year Individual Psychoanalysis, 2012-2013, Greece with Evaggelos Peppas, Athens, Greece

Ongoing individual analysis once a month, September 2017, Greece with Stavros Charalambides, Institute for Relational and Group Psychotherapy, Athens, Greece

Ongoing individual analysis weekly basis, October 2019, Greece with Stavros Charalambides, Institute for Relational and Group Psychotherapy, Athens, Greece

PERSONAL SUPERVISION

- ***Group Supervision***, 45 mins every month, with Haim Weinberg, Phd, Cgp
- ***Individual and Group Supervision***, 45 mins every two weeks with Avi Berman, Ph. D. clinical psychologist, psychoanalyst, training analyst and a group analyst, member in Tel Aviv Institute of Contemporary Psychoanalysis

- **Groups in Group Supervision**, “Group A” (45 mins every two weeks), “Group B” (45 mins every two weeks), “Group C” (45 mins every two weeks), with Stavros Charalambides, Institute for Relational and Group Psychotherapy, Director, International Association for Relational Psychoanalysis and Psychotherapy, Elected Board Member, Yalom Institute ,Tampa Bay Institute for Psychoanalytic Studies , Usa, Faculty
- **Individual Clients in Individual Supervision**, with Stavros Charalambides, Institute for Relational and Group Psychotherapy, Director, International Association for Relational Psychoanalysis and Psychotherapy, Elected Board Member, Yalom Institute ,Tampa Bay Institute for Psychoanalytic Studies , Usa, Faculty
- **Group Co-Supervision**, with Andreas Galiatsatos & Pavlina Tasouli, both Members of Institute for Relational and Group Psychotherapy

ACADEMIC EDUCATION

- **Postgraduate Diploma in Relational Psychoanalytic Psychotherapy**, (September 2017- June 2021)
Institute for Relational and Group Psychotherapy, Athens, Greece
- **Certificate in Psychological First Aid (P.F.A.)**, (2016) through NCTSN(National Child Traumatic Stress Network)
- **Postgraduate Diploma in Medical Psychology**, (2015) National and Kapodistrian University of Athens, Greece
- **Certificate in Psychological First Aid (P.F.A.)**, (2015) through John Hopkins University
- **Postgraduate Diploma in Cognitive Analytic Therapy(CAT)** , (September 2005- June 2008)
Institute for Cognitive Analytic Psychotherapy, Athens, Greece
- **B.A. in Psychology**, Deree The American College of Greece, Athens, Greece

PROFESSIONAL EDUCATION IN RELATIONAL PSYCHOANALYSIS

- **Seminar (14h) The intimacy in Psychoanalysis**, Dr.Earl Hopper, January 2025
- **International Conference of IARPP in Mexico**, June 2024, Panel Interlocutor and Moderator

- **Certificate in Group Psychotherapy**, Institute for Relational and Group Psychotherapy, Athens, Greece
- **International Conference of IARPP in Tel Aviv, June 2019**
“Imagining with Eyes Wide Open: Relational Journeys”
- **Symposium , Women’s sexuality , Hellenic Psychoanalytic Society** April 2019
- **Seminar (16 h) Micro-trauma: Cumulative Psychic Injury and its Repair**
Dr. Margaret Crastopol, Executive Committee IARPP 2019, Athens
- **Seminar (18 h) Winnicott and Kohut : Shame and play in the analytic**
Dr.Lycia Querra, Tampa Bay Institute for Psychoanalytic Studies , Chair October , 2018,
Athens
- **Seminar (6h) The Group Unconscious: A Social Dreaming Matrix**
Dr.Ruthelen Josselson, Yalom Institute Director April 2017,
Athens
- **Seminar (5h) Group Therapy, Interpersonal Dynamics in Group Psychotherapy**
Dr.Ruthelen Josselson, Yalom Institute Director April 2017,
Athens
- **Seminar (16 h) in Relational Psychoanalysis: Mutual Vulnerability and Psychic trauma**
Dr.Lauren Levine, New York , Post doc supervisor , September , 2017,
Athens
- **Seminar (5h) Group Therapy, Interpersonal Model and General Principals**
Dr.Ruthelen Josselson, Yalom Institute Director April 2017,
Athens
- **Seminar (3h) Workshop relational therapy individual, Couples and Group Therapy with the same Therapist**
Stavros Charalambides, Director of Institute for Relational and Group Therapy June 2017,
Athens
- **Seminar (5h) Group Therapy, Interpersonal Model and General Principals**
Dr.Ruthelen Josselson, Yalom Institute Director April 2017,
Athens
- **Seminar (5h) Group Psychotherapy, Interpersonal model in narcissistic clients**
Dr. Ruthellen Josselson, Yalom Institute Director February 2016,
Athens
- **Seminar (3h) Workshop Virtual Group Therapy, 3 sessions**
Stavros Charalambides, Director of Institute for Relational and Group Therapy October 2016,
Athens
- **Seminar (3h) Workshop Live Group Therapy**
Stavros Charalambides, Director of Institute for Relational and Group Therapy April 2016,
Athens
- **Seminar (16 h) in Relational Psychoanalysis: Embodiment and Intersubjectivity**
Dr.Sissy Lykoy , March , 2016,
Athens

- **Seminar (16 h) in Relational Psychoanalysis: Mutual Vulnerability and Catastrophe ,Shame in Analytic Encounter**

Dr.Lauren Levine , New York , Post doc supervisor
Athens

September , 2015,

LANGUAGES

- **C2 in English, FCE** Cambridge English First
- **Greek, Native**

SEMINARS- ANNOUNCEMENTS

Municipality City Hall of Koropi, Athens 2017

How to deal with stress factors and anxiety symptoms before the exams

Mental Health Center K. D. Mouchalos & Associates, Athens 2019

Companionship and Sexuality,12 hour seminar

PROFESSIONAL MEMBERSHIPS

International Membership (International Association for Relational Psychoanalysis and Psychotherapy, IARPP)

Member of the Candidates Committee (International Association for Relational Psychoanalysis and Psychotherapy, IARPP)

Member of the Agpa(American Group Psychotherapy Association)

Member of Iagp (International Association for Group Psychotherapy)

PROFESSIONAL EXPERIENCE

- 2024- **Faculty Member (Trainer)** of Institute for Relational and Group Psychotherapy
- 2019- today **Private Practice**, Group Psychotherapy
- 2016- today **Private Practice**, Individual Therapy, Couples Therapy and Group Therapy, Supervision, Seminars
- 2016-2017 **Volunteer in Municipality Center of Koropi as a Group Psychotherapist**
- 2012-2014 **“Arsi” Mental Health Services, Athens, Mental Health Consultant**
- January 2011- December 2014: **GM (General Manager) at “Dante's” Restaurant**
- 2010 **Psychologist at the Military Hospital of Rhodes, Greece**

References:

References are available on request